

A spreadsheet to calculate Mortality Score and Phenotypic Age. Author: John G. Cramer

[Refs: "An epigenetic biomarker of aging for lifespan and healthspan". Aging \(Albany NY\) 10\(4\) 573-591 \(2018 Apr 18\).](#)

["A New Epigenetic Clock for Aging and Life Expectancy". Talk by Morgan Levine](#)

Def.	Albumin	Creatinine	Glucose	C-reac Protein	Lymphocyte	Mean Cell Volume	Red Cell Dist Width	Alkaline Phosphatase	White Blood Cells	Age
Input	4.4	1.53	105	2.31	24	97	11.8	53	4.9	71
Units	g/dL	mg/dL	mg/dL	mg/L	%	fL	%	U/L	10 ³ cells/ μ L	years
Conv	10	88.401	0.0555	0.1						
clnput	44.00	135.2535	5.8275	-1.4653	24.00	97.00	11.80	53.00	4.90	71.00
cUnits	g/L	μ mol/L	mmol/L	Ln(mg/dL)	%	fL	%	U/L	10 ³ cells/ μ L	years
Wts	-0.0336	0.0095	0.1953	0.0954	-0.012	0.0268	0.3306	0.0019	0.0554	0.0804
Terms	-1.4784	1.2849	1.1381	-0.1398	-0.2880	2.5996	3.9011	0.1007	0.2715	5.7084
Calculation:										
t	10	years	120	months						
γ	0.0076927									
b0	-19.9067									
	LinComb	MortScore	Ptypic Age	est. DNAm Age	est. D MScore					
Results	-6.81	0.196	66.95	65.38	0.172					